

GECAC CORRY SENIOR CENTER

JULY 2026 NEWSLETTER

25 S FIRST AVE., CORRY, PA 16407 (814)664-2477

OPEN TUESDAY - FRIDAY 9 A.M. TO 3 P.M.

Rachael Price, Senior Center Director Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 1ST BIBLE STUDY @ 10:30 AM
- 3RD CLOSED FOURTH OF JULY HOLIDAY
- 7TH BIBLE STUDY @ 10:30 AM
- 8TH SPEAKER: ADAGIO Fitness @ 11:00 AM
POP--UP FARMER'S MARKET
- 10TH SUMMER PICNIC Ploss's Lunch Box
DJ Brian Silvis, Raffle baskets, 50/50
Lottery Tree BIRTHDAYS
- 14TH BLOOD PRESSURE SCREENING
@ 10:00 AM
- 15TH BIBLE STUDY @ 10:30 AM
- 17TH SPECIAL BINGO GAME @ 10:30 AM
- 22ND SPEAKER @ 10:30 AM Eligibility Process
for VA Geriatric Services
- 30TH POP-UP FARMER'S MARKET



BIRTHDAYS

- 7/1 Franks Schawabenbauer
 - 7/9 Darice Stroup
 - 7/16 Rosalind Small
Roger Watrous
 - 7/22 Pat Phillips
 - 7/25 Brad Gill
Monica Vanderhoof
 - 7/29 Lisa Eastman
- JOIN US FOR BIRTHDAY CAKE !**

**** UPCOMING PARTY DATES ****

JULY 10 SUMMERTIME Party COST: \$10.00
Reservations Due by WED., JULY 1ST

ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN
FOR EACH PARTY!! NO EXCEPTIONS!!



**Please remember to
use your
Farmer's Market
Vouchers
by Nov. 30, 2026**



JULY CALENDAR & MENU

MENU SUBJECT TO CHANGE

TUE		WED		THUR		FRI	
30	OVEN FRIED CHICKEN 9:00 CARDS	1	COUNTRY FRIED STEAK 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	2	CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE	3	CLOSED HOLIDAY HAPPY "250TH" BIRTHDAY AMERICA!!!
7	CHICKEN SALAD ON PITA 9:00 CARDS 10:30 BIBLE STUDY	8	SWEDISH MEATBALLS 9:00 CARDS 11:00 SPEAKER: Fitness POP-UP FARMER'S MARKET	9	HAM 9:00 CARDS 11:00 EXERCISE	10	Ploss's Lunch Box SUMMERTIME PARTY RAFFLE BASKETS LOTTERY TREE 50/50 DJ BINGO BIRTHDAYS
14	BEFF STEW 9:00 CARDS 10:00 BP SCREENING	15	SALISBURY STEAK 9:00 CARDS 10:30 BIBLE STUDY 12:30 BINGO	16	CHICKEN CORDON BLEU 9:00 CARDS 11:00 EXERCISE	17	RAVIOLI 9:00 CARDS 10:30 SPEAKER: Special Bingo 12:30 BINGO
21	SAUSAGE SUB 9:00 CARDS	22	OX ROAST 9:00 CARDS 10:30 SPEAKER: VA 12:30 BINGO	23	STUFFED CABBAGE 9:00 CARDS 11:00 EXERCISE	24	CHICKEN ala KING 9:00 CARDS 12:30 BINGO
28	GRILLED CHICKEN 9:00 CARDS	29	GOULASH 9:00 CARDS 12:30 BINGO	30	CHICKEN FETTUCCINI 9:00 CARDS 11:00 EXERCISE POP-UP FARMER'S MARKET	31	HOT TURKEY 9:00 CARDS 12:30 BINGO

Prior Authorizations & Your Rights

Many Medicare beneficiaries are surprised when physician recommended services require prior approval from their insurance company. While it is more common for Medicare Advantage Plans to require prior approvals, in some instances, they may also be required for those who have Original Medicare A and B only, and A/B with a supplemental, or Medigap Plan. Prior approval requirements can be applicable to imaging, rehabilitation, skilled nursing care, certain procedures, medical devices, testing, prescriptions, and more.

Know your appeal rights. Beneficiaries should not accept a verbal denial without requesting a formal written notice. You have the right to an explanation and to appeal. You are entitled to receive a written explanation stating:

- What was denied
- Why it was denied
- The specific rule or policy used
- How to appeal
- Applicable deadlines

If you are going to appeal, know your specific deadlines and plan to file timely. You may want to enlist the help of you physician's office to explain denials and to provide documentation support if needed.

PA MEDI Counselors can help you learn about Medicare, Preventive Services, understand and enroll in your plan of choice, guide you Medicare appeal decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs. For help in understanding your options, contact your local GECAC Erie Area Agecny on Aging PA MEDI office for more information at 814-459-4581 Ext. 400.



Pennsylvania
Medicare Education
and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



Pennsylvania

Department of Aging



SHIP
Navigating Medicare

This publication is funded by a grant award totaling \$ 1.8 million (100%) from the U.S. Department of Health and Human Services.

GREAT RESOURCES



GECAC SENIOR HELPLINE: If you are in need of In-Home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, call **(814) 459-4581 ext. 400** or visit **www.gecac.org** to find out more.

PA 211 is a vital service in Pennsylvania that connects individuals with various community resources. It provides free and confidential assistance for a wide range of needs, including:

- Crisis and emergency counseling
- Food, health care, and insurance assistance
- Housing and utilities payment assistance
- Employment services and veteran support
- Childcare and family services

PA 211 operates 24/7, offering a one-stop resource for finding local services and support. Visit **www.pa211.org** to explore programs available in your community.

SNAP/Food stamps: To apply call **814-461-2000** or **1-800-635-1014**

LIHEAP: To apply call **814-461-2002** or **1-866-857-7095**

SOME HELPING SERVICES IN ERIE COUNTY:

- The EMTA Senior LIFT..... **814-456-2299**
- Corry City Police **814-664-2222**
- Corry Fire Department **814-663-7041**
- The Independent Council on Aging.... **814-835-7485**




Reminder that anyone who is experiencing depression, loneliness or isolation can **call 9-8-8** anytime to speak with a trained counselor who will listen, or the UPMC Safe Harbor Erie WARM line **1-877-550-4007**. The WARM Line is a free, confidential phone service you can call to speak one-on-one with a certified peer specialist. It's not a crisis line. If you need to speak with a crisis counselor, call **814-456-2014** or **1-800-300-9558**.



VOLUNTEER DRIVERS FOR HOME DELIVERED MEALS NEEDED:

Through our Meals on Wheels Program, volunteers deliver nutritious, home-cooked meals to seniors across Erie County--many of whom live alone, face food insecurity or struggle with social isolation. Erie County has ten food deserts, seven in the City of Erie, leaving over 22,000 residents without easy access to healthy food. Additionally, 37% of seniors live alone, increasing their risk for malnutrition, health complications and loneliness. Volunteering with GECAC, you do more than deliver a meal-- you provide a daily visit, a warm smile and a watchful eye that can detect early health risks, prevent hospitalizations, and improve overall well-being. Last year alone, our volunteers delivered 25,889 meals, served 130 seniors and contributed over 1,750 hours of service--touching lives in ways that extend far beyond nutrition.





CORRY SENIOR CENTER 2026 SUMMER PICNIC

DATE: FRIDAY, JULY 10, 2026

WHERE: CORRY SENIOR CENTER

25 S.1ST AVENUE CORRY

TIME: 9 am-3 pm

COST: \$10 due by July 1st

JOIN US FOR GREAT FOOD, MUSIC,
RAFFLE BASKETS, LOTTERY TREE, BINGO

Food catered by Ploss' Catering

Music by DJ Brian Silvis

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE:
(814)459-4581
AAA TOLL FREE: (800)769-2436
AFTER HOURS (CRISIS LINE)
Day (814)451-4581 Ext 400
Evening (814) 451-1520
PACE-PACENET: (800)225-7223
ERIE CO VETERAN'S AFFAIRS:
(800)274-8387
SOCIAL SECURITY ADMIN:
(877)405-3543
AGENCY WEBSITE:
www.gecac.org
PA AGING WEBSITE:
www.aging.pa.gov

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON
FOR SENIORS 60 YRS & OLDER.
MEALS ARE \$2.00 CONTRIBUTION
PLEASE MAKE YOUR MEAL
RESERVATIONS
2 WEEKS IN ADVANCE
PARTIES WILL BE \$5.00, UNLESS
STATED OTHERWISE

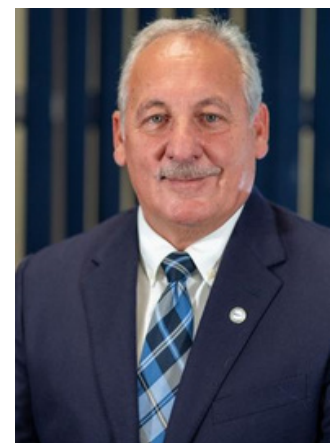
BINGO IS PLAYED ON
WEDNESDAYS & FRIDAYS @
12:30. We have LOTS OF FUN,
so come join us!!!

TAI CHI EXERCISE CLASS ON
THURSDAYS @ 11:00
LET'S BE HEALTHY!!

The GECAC Corry Senior Center, operated by Greater Erie Community Action Committee(GECAC), Area Agency on Aging, is funded in part by the Department of Aging.



Dr. Benjamin Wilson
CEO



Ray Maholtz
AAA Division Manager

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$9.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able.

The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



WI-FI is available FREE TO OUR SENIORS!!
Prior to using the WI-FI, members will need to
sign the GECAC POLICY AGREEMENT .
Please see RACHAEL OR VALERI FOR
ASSISTANCE.



JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search.

Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you’ll need to agree to the Group rules, but it’s easy and it’s for your protection.

We will be posting our newsletters, upcoming events and hopefully, soon, getting some other virtual activities for you to be able to participate. Talk with other current and active members and perhaps meet some of the new members that have joined us.